PEEWEES

CRICKET – HOCKEY - RUGBY

Dear Grade, 1 and 2 Parents

The **Peewees Sports Academy** has been operating very successfully at **Grey Junior** for the past twenty-one years, with great results, fun and learning experienced by all. **Peewees** is a **sport and general ball skills program which runs during the school terms**. Lessons are held in specific sports and age groups, with all groups being no larger than 12. The aim of Peewees is to provide **basic rugby, hockey, and cricket skills** to beginners, so that when they grow up, they have mastered the basics of some of these great sports.

RUGBY: **LESSON DAYS:** Monday to Thursday **13h15 to 14h00.** Friday **12h45 to 13h30.**

The rugby skills that will be covered include the following: ball handling, falling & placing, passing, catching, kicking, sidestep, swerve, hand-off and dummy, laws of Rugby plus sportsmanship and becoming a team player. At each lesson, every boy is given his own rugby ball to work with for most of the lesson, resulting in rapid development and good eye, hand, and ball co-ordination.

HOCKEY: **LESSON DAYS:** Monday to Thursday **13h15 to 14h00.** Friday **12h45 to 13h30.**

The aim for Peewees hockey is to provide basic hockey skills to beginners so that when they grow up, they have mastered the basics of the game**.** At each lesson, every boy has **his own** hockey stick and ball (sticks and balls are supplied if you don't have your own) to work with for most of the lesson, resulting in rapid development and good eye/ball co-ordination. All classes will be held on the **mini–Astro turf at Grey.**

CRICKET: **LESSON DAYS:** Monday to Thursday **13h15 to 14h00.** Friday **12h45 to 13h30.**

Peewees Cricket is a cricket/general ball skills program. We will be doing basic fielding, batting, and bowling, concentrating heavily on catching, bowling with correct technique and certain cricket strokes. Cricket rules, sportsmanship and etiquette will also be taught plus mini cricket games will be played.

DETAILS FOR THESE COURSES:

The **4th term's Peewees** courses run for 8 consecutive weeks**.** Your son can choose any one or all of these sporting options. Lessons are held once a week starting directly after school on the **Grey Junior fields.** Your son can **choose the day** of his Peewees lesson to fit into his busy schedule. Make sure you do not choose the days he has ball skills training at Grey. The first Peewees classes start in the **week beginning Monday 07 October.** Interested parents can register your son via WhatsApp to **+27 (0)78 800 0725.** I will confirm your son's acceptance shortly thereafter via WhatsApp. Payment is required at a cost of R800 per sport, for the whole term. Payment must be made before or at the beginning of the first lesson. Payment can be made via cash or direct transfers. For more information visit **Peewees Sports Academy** page on Facebook or our webpage www.peewees.co.za

INFORMATION TO BE SENT VIA WhatsApp FOR REGISTRATION: +27 (0)78 800 0725
Child's name, grade, class, and school, contact person's name, cell, and home phone numbers, chosen sport, day of participation and email address. **Example of WhatsApp.** *David Smith / Grade 1.3/ Grey/ Susan / 0834757656 / 041 2111111 / Rugby / Thursday/ susan@mweb.co.za*

Mike Howe September 2024

PEEWEES SPORTS ACADEMY

RUGBY – HOCKEY

Dear Grade, 3 and 4 Parents

As you are all aware Peewees has been operating very successfully for the past twenty-one years at Grey. During these Rugby and Hockey programs we will build and enhance on the basic training they have already received from the past few years and then move onto more game development.

RUGBY

Grade 3 & 4 Peewees Rugby is aimed at fine tuning the skills your son has already acquired, to make him a better player for his upcoming rugby season. We will be doing some new exercises and drills, concentrating on timing of passing, tackling, scrumming, rucking, and mauling. This course is specifically designed to improve the skills needed for proper rugby and we do not only concentrate on the "A" stream players. **Lesson times are on a Monday or a Wednesday from 14h00 to 15h00.**

HOCKEY

These Peewees Hockey classes continue with more advanced training than previous years. Our aim is to improve on the skills already gained and add some more. We want to provide the Grade 3 and 4 boys with a firm foundation for the hockey season while also playing tough matches against each other. We will introduce physical conditioning and theoretical knowledge to the players so that they are well prepared when school hockey league comes around. We are passionate about hockey and will educate our players in terms of the rules and appropriate conduct. For this program to be successful we need the support from as many boys as possible as the more players we have the more matches we can play. **Training sessions are on a Monday or a Wednesday from 14h00 to 15h00,** all classes take place on the Grey Astro turf.

Details for these Peewees training sessions:

- Venue: Grey fields or Astro Turf.
- Fees: R800 for 8 consecutive weeks for the fourth term per sport.
- Lessons start on Monday 07 September or Wednesday 09 September.

To register your son for these Grade 3 and 4 Peewees classes.
WhatsApp your son's name / grade / school / sport / and day / plus email address to
+27 (0) 78 800 0725

Mike Howe **September 2024**